



Peacock Primary School, Happy Valley-Goose Bay

# ANNUAL 20 22 REPORT 20 23





## A MESSAGE FROM THE CHAIR AND EXECUTIVE DIRECTOR

At Kids Eat Smart Foundation NL, we are truly humbled by your support and helping us ensure all school age children in Newfoundland and Labrador have access to food at school, at no cost to families. It is with gratitude that we present to you our annual report that shares how you are making a direct impact on the lives of children in our province.

Serving over 40,000 meals in our 276 Kids Eat Smart Clubs in Newfoundland and Labrador, *every school day,* is a monumental task! We can only accomplish this with the generosity of our partners and donors, along with the dedication of our principals, club coordinators, teachers, staff, and volunteers who help our children learn, grow and be their very best.

As schools opened this year, it was evident how important our Kids Eat Smart Clubs are to the school age children and youth throughout our province. Through our fundraising efforts, including our 30<sup>th</sup> Anniversary Gala and our Radiothon, we continue to share the incredible impact our clubs are having, and we are so proud that you continue to support us.



Every Breakfast Counts. Every Child Counts. You Count.

We pride ourselves with the connection our Kids Eat Smart Clubs have in our communities. Thank you to the many community partners and supporters who help us financially sustain our KES Clubs. When we see firsthand the smiles on the children's faces and the impact our clubs has on the students, it is what truly inspires us, and makes us want to do even more.

We are grateful for the continued support of the Government of Newfoundland and Labrador for their ongoing commitment to our program. As we continue to strengthen and grow our Foundation, it is through our partners, individual donors, and our volunteers that our children start their school days well-nourished and ready to learn.

Together, with your support, we ensure every school age child and youth in Newfoundland and Labrador has access to food at school, creating opportunities for a stronger, brighter future – *Thank you!* 

Sincerely,

Katharine Fagner, Chair, Board of Directors

Celina Stoyles, Executive Director

## BOARD OF DIRECTORS & STAFF

### **Board Members**

Katharine Fagner, Chair

Financial Planner, TD Wealth Financial Planning

Dr. Jeff Critch, Vice Chair

Pediatrician, Janeway Children's Hospital

Dr. Susan Murray, Past Chair

Senior Consultant, Clearpath Leadership

Janice Butt. Treasurer

Controller, Lower Churchill

Newfoundland and Labrador Hydro

Celina Stoyles, Secretary, Ex-Offico

**Executive Director** 

Janine Browne

Director of Business Development and Sales

PAL Airlines

**Shelley Sullivan** 

Regulatory Affairs and Public Policy Supervisor Canada East Operations, ExxonMobil Canada Ltd.

Allison M. Whelan, LL.M (Tax)

Partner, Stewart McKelvey

**Emad Rizkalla** 

Founder and CEO

Bluedrop ISM

**Nicole Parsons** 

MP Ventures & Trusts

## Staff

Celina Stoyles, CFRE

**Executive Director** 

Jennifer Yetman

Director of Communications and Fund Development

**Cora Turnbull** 

Financial Officer

Lisa Knee

**Events and Fundraising Coordinator** 

**Heather Russell** 

Receptionist/Administrative Assistant

**Nickie Shanks** 

Regional Coordinator (Avalon West, Burin & Vista)

Evelyn Francis, Bsc. Nutr.

Regional Coordinator (Central) & Nutrition Team Lead

**Natasha Hynes** 

Regional Coordinator (Western, Northern Peninsula & Labrador)

## Vision

That every school age child in Newfoundland and Labrador attends school well nourished to be ready to learn.

### Mission

We partner with schools, communities, volunteers and donors to provide nutritious food to children and youth in Newfoundland and Labrador, through our Kids Eat Smart Clubs.

### **Values**

- Children need nutritious food to be healthy in order to grow and learn;
- The school system must be involved in meeting the needs of the whole child;
- Children require a community response – a partnership of family, school and community for their healthy development;
- Everyone has a contribution to make and the Foundation will honor all forms of contribution;
- All children must have equal opportunity to participate in Kids Eat Smart Clubs.

Annual Report 2022-2023

## YEAR IN REVEIW

2022-2023

## Walk for Breakfast

St. John Bosco, St. John's



Walmart Campaign

Walmart, Marystown



## **Breakfast Blitz**

Carbonear Collegiate, Carbonear



## **Kids Eat Smart Radiothon**

Avalon Mall, St. John's





## NL Hydro Energy Breakfast

Mealy Mountain Collegiate, Happy Valley-Goose Bay



## **Breakfast Club Volunteers**

C.C. Loughlin Elementary, Corner Brook







Celebrating 30 Years

On Saturday, March 2, 2023 we celebrated the Foundation's 30th Anniversary milestone during our Rise Up Gala raising over \$82,000. To all of our sponsors, partners, donors and volunteers, we thank you for your support and for joining us.

With the direct correlation between good nutrition and academic performance, your support helped provide muchneeded support and to Rise Up our school age children and youth, providing opportunities for a stronger, brighter future.

On behalf of all of the children who have breakfast because of you, we thank you for your kindness and generosity.







Annual Report 2022-2023 5

## YOUR GIFTS AT WORK

2022-2023



Sprucewood Academy, Grand Falls-Windsor, serves breakfast 5 days a week to 300 children.



Riverwood Academy, Wing's Point, serves breakfast 5 days a week to 150 children.



St. James All Grade, Lark Harbour, serves breakfast 5 days a week to 105 children.



Gros Morne Academy, Rocky Harbour, serves breakfast 5 days a week to 60 children.



Bayside Academy, Port Hope Simpson, serves breakfast 5 days a week to 50 children.



Peacock Primary, Happy Valley-Goose Bay, serves breakfast 5 days a week to 70 children.

## YOUR GIFTS AT WORK 2022-2023



Amalgamated Academy, Bay Roberts, serves breakfast 5 days a week to 250 children.



Southwest Arm Academy, Little Heart's Ease, serves breakfast 5 days a week to 70 children.



Bishop Abraham Elementary, St. John's, serves breakfast 5 days a week to 130 children.



Elizabeth Park Elementary, Paradise, serves breakfast 3 days per week to 490 children.







Annual Report 2022-2023

## STATEMENT OF OPERATIONS

Year Ending July 31, 2023

Revenue	2023	2022
Government of Newfoundland and Labrador	1,149,087	855,744
Corporate/Fundraising/Donations/Designated Gifts	1,128,511	737,564
COVID-19 Food4Kids Campaign		421,801
Interest	11,340	3,403
Total	2,288,938	2,018,512
Expenses	2022	2022
Grants to KES Clubs	1,298,867	777,344
Program & Development/Administration	580,095	527,584
COVID-19 Food4Kids Campaign		421,801
Fundraising Expenses	122,908	3,804
Other Operating Expenses	191,740	172,965
Public Education	74,929	101,391
Travel	19,487	5,500
Capacity Building	912	8,123
Total	2,288,938	2,018,512

A complete copy of the Foundation's audited financial statements can be found at www.kidseatsmart.ca

Kids Eat Smart Foundation NEWFOUNDLAND & LABRADOR	Labrador	Western	Central	Eastern	Total
Clubs	22	53	61	116	252
Community Centres (Homework Havens)	1	5	3	14	23
Total Clubs	23	58	64	130	275

## .

## KIDS EAT SMART CLUBS

#### 2022 - 2023

#### **LABRADOR**

A. P. Low Primary Amos Comenius Memorial B.L. Morrison Bayside Academy Ecole l'ENVOL Fcole Boreale\* Henry Gordon Academy J.C. Erhardt Memorial School J.R. Smallwood Middle School Jens Haven Memorial Labrador Straits Academy Lake Melville School Mealy Mountain Collegiate Menihek High School Mud Lake School Northern Lights Academy Peacock Primary Queen of Peace Middle School St. Lewis Academy St. Mary's All Grade St. Peter's School William Gillett Academy YMCA Central Labrador\*

#### WESTERN

All Saints All Grade\* Bay St George YMCA Bayview Academy Belanger Memorial Bonne Bay Academy\* Burgeo Academy Canon Richards High School Cloud River Academy Community Youth Network Corner Brook Intermediate Corner Brook Regional High E.A. Butler All Grade Eastside Elementary Ecole C.C. Loughlin Elementary Ecole Notre Dame du Cap Ecole St. Anne Elwood Elementary Elwood Regional High French Shore Academy Grandy's River Collegiate Gros Morne Academy H.G. Fillier Academy Hampden Academy Holy Cross All Grade Immaculate Heart of Mary J. J. Curling Elementary Jakeman All Grade James Cook Memorial LeGallais Memorial Long Range Academy Lourdes Elementary Main River Academy Mary Simms All Grade\* Our Lady of the Cape Pasadena Academy Pasadena Elementary Pathfinder Learning Centre CB Pathfinder Learning Centre Step Piccadilly Central High Sacred Heart Elementary St. Boniface All Grade St. James All Grade St. James Elementary St. James Regional High St. Michael's Elementary

St. Simon & St. Jude Academy
St. Thomas Aquinas
Stephenville Crossing Library
Stephenville Elementary
Stephenville High
Stephenville Primary
Templeton Academy
Truman Eddison Memorial
Viking Trail Academy
White Hills Academy
Vine Place Community Centre
Xavier Junior High

#### **CENTRAL**

A. R. Scammell Academy Avoca Collegiate Bay D'Espoir Academy Botwood Boys & Girls Club Botwood Collegiate Brian Peckford Primary Cape John Collegiate Centreville Academy Copper Ridge Academy Cottrell's Cove Academy Dorset Collegiate **Exploits Community Centre** Exploits Valley High Exploits Valley Intermediate Fitzgerald Academy Fogo Island Central Academy Forest Park Primary Gander Academy Gander Collegiate Gander Elementary Gill Memorial Academy Glovertown Academy Green Bay South Academy Greenwood Academy Helen Tulk Elementary Hillside Elementary Hillview Academy Holy Cross School Complex Indian River Academy Indian River High J.M. Olds Collegiate Jane Collins Academy John Watkins Academy King Academy Lakeside Academy Lakewood Academy Leading Tickles Primary Leo Burke Academy Lewisporte Academy Lewisporte Collegiate Lewisporte Intermediate Lumsden Academy Memorial Academy MSB Regional Academy New World Island Academy Pearson Academy Phoenix Academy Point Leamington Academy Riverwood Academy Sandstone Academy\* Smallwood Academy Sprucewood Academy St. Anne's Conne River St. Anne's Jr & Sr High St. Josephs Elementary St. Paul's Intermediate

St. Peter's Academy

St. Stephen's All Grade Twillingate Island Elementary Valmont Academy Victoria Academy William Mercer Academy Woodland Primary Youth (2000) Centre

#### EASTERN - RURAL Acreman Elementary All Hallows Elementary

Amalgamated Academy

Anthony Paddon Elementary

Ascension Collegiate Baccalieu Collegiate Bay Roberts Primary Bishop White School Cabot Academy Carbonear Academy Carbonear Collegiate Catalina Elementary Christ the King School Clarenville High School Clarenville Middle School Crescent Collegiate Discovery Collegiate Donald C. Jamieson Academy **Dunne Memorial Academy** Fatima Academy Fortune Bay Academy Heritage Collegiate Holy Family Elementary Holy Name of Mary Academy Holy Redeemer School John Burke High Lake Academy Laval High School Main Street Youth Centre Marystown Central High Matthew Elementary Pearce Junior High Perlwin Elementary Persalvic Elementary Random Island Academy Riverside Elementary School Sacred Heart Academy Smallwood Crescent Com Cent Southwest Arm Academy St. Anne's Academy St. Catherine's Academy St. Francis School St. Joseph's Academy St. Joseph's All Grade St. Lawrence Academy St. Mark's School St. Peter's Elementary (UIC) Swift Current Academy Tricentia Academy Tricon Elementary

## Woodland Elementary **EASTERN - URBAN**

Whitbourne Elementary

Admirals Academy
Baltimore School
Beachy Cove Elementary
Beaconsfield Junior High
Bishop Abraham ElementaryV
Bishop Feild Elementary
Brookside Intermediate\*
Brother Rice Junior High
Chalker Place Neighborhood Centre

Cowan Heights Elementary District School East Point Elementary Ecole Des Grands-Vents\* Ecole Rocher-Du-Nord\* Elizabeth Park Elementary Eric/McKay Neighborhood Centre First Light St. John's Friendship Centre Frank Roberts Junior High Froude Avenue Com. Centre Gonzaga High School Goulds Elementary Hazelwood Elementary Holy Cross Elementary Holy Family Elementary Holy Heart Regional High Holy Spirit High Holy Trinity Elementary Holy Trinity High\* Immaculate Conception Larkhall Academy Leary's Brook Junior High MacDonald Drive Elementary MacDonald Drive Junior High MacMorran Com. Centre Mary Queen of Peace Mary Queen of the World Mobile Central High Morris Academy Mount Pearl Intermediate Mount Pearl Senior High Newtown Elementary<sup>3</sup> O'Donel High School Paradise Elementary Paradise Intermediate\* Parkside Neighborhood Centre Prince of Wales Collegiate Queen Elizabeth Reg High Rabbittown Community Centre Rennie's River Elementary Roncalli Elementary Roncalli Central High St. Andrew's Elementary St. Augustine's Elementary St. Bernard's Elementary St. Edward's School St. Francis of Assisi School St. George's Elementary St. John Bosco St. John's Boys & Girls Club St. Kevin's High School St. Kevin's Junior High St. Mary's Elementary\* St. Matthew's Elementary St. Michael's High St. Paul's Junior High St. Peter's Elementary (MP) St. Peter's Junior High St. Teresa's School Stella Maris Academy Thrive Youth Network Topsail Elementary Upper Gullies Elementary Vanier Elementary Villa Nova Junior High Virginia Park Community Centre Wabana Boys & Girls Club Waterford Valley High West Heights Neighbourhood Centre

\*New KES Club 2022-2023

#### Annual Report 2022-2023

St. Peter's Academy

## KIDS FAT SMART PARTNERS 2022-2023



## During the school year 2022-2023 we served more than 5.9 MILLION MEALS

Thanks to the commitment of our generous and dedicated Partners, we provide school age children in our province with access to nutritious food so they are well nourished and ready to learn. Together, we are making a direct impact on the lives of school age children in our province!

SUSTAINING PARTNER NATIONAL PARTNERS PLATINUM PARTNERS **GOLD PARTNER** Scotiabank<sup>6</sup> **Bell** Aliant NewToundland Läbrador **Foundation** hydro **Financial Group** SILVER PARTNERS The Masonic Charity **'AMAL** PUBLIC SERVICE Golf Tournament altera Stacey's Funeral Home **YOUR** co-operators Kirby VOC:V ST. J@HN'S Registered LEGROW



























































































co-operators



































**Bachelor of Nursing Class 2021** 

JM Delaney Lumber Ltd. Dr. H. Ross Penney **Dorset Spirit** Fun-in-the-Sun Ltd. **Coastal Shipping Limited** 

Helping Hands Home Care Services Ltd. Labourers' International Union 1208 **Gander Goodwill Centre Norse Spirit** Freedom Foods / Bay Roberts McDonald's

**NVA Baccalieu Management Inc.** Parish of St. Michael & All Angels **Hamilton & Sons Limited** Lobsterfest 2023 **Beothuk Spirit** 

St. Kevin's Junior High serves breakfast

**5** DAYS A WEEK

to

100 CHILDREN



## **EVERY** SCHOOL DAY

we serve over

## 40,000 **MEALS**

to school age children and youth in Newfoundland and Labrador





55 Elizabeth Avenue, Suite 201 St. John's | NL | A1A 1W9

T: (709) 722-1996 | TF: 1-877-722-1996 F: (709) 722-7250 | E: info@kidseatsmart.ca kidseatsmart.ca









@KidsEatSmartNL

serves breakfast **FIVE DAYS A WEEK** to 200 CHILDREN

St. Teresa's School, St. John's