



TD Canada Trust Kids Eat Smart Province Wide Walk to Breakfast

FOR IMMEDIATE RELEASE

October 16, 2009 – All across the province today children, teachers, staff, volunteers and community partners took to the streets for the 5th Annual TD Canada Trust Kids Eat Smart Province Wide Walk to Breakfast. Sponsored by TD Canada Trust, the Walk allows schools to raise fund and awareness for their Kids Eat Smart Clubs as well as partners physical activity with education and good nutrition.

At St. Kevin's Junior High School, Goulds, MHA John Dinn, Terry Greene, Manager TD Commercial Banking, NL, as well as Gold Medal Olympian Jamie Korab joined students, school staff, parents and other community members to show their support. Speaking to the students, Korab reiterated the importance of good nutrition, healthy eating and a solid education to achieve and exceed your personal and professional goals. "The TD Canada Trust Kids Eat Smart Province Wide Walk to Breakfast is a signature event for Kids Eat Smart Clubs throughout the province and it is fantastic to see so many come together to support this event because they believe it's important for all kids to start the school day with a good breakfast," says Daphne LeDrew, Executive Director Kids Eat Smart Foundation Newfoundland and Labrador.

In total, over 18,000 participants from 87 different schools across the province bundled up and strutted their stuff, dressing in school colors and exuding school spirit. While the kids enjoyed a brisk morning walk, volunteers were busy preparing a nutritious breakfast , enabling them to start the day properly. The Walk to Breakfast was the highlight of Kids Eat Smart Week.

Kids Eat Smart Foundation Newfoundland and Labrador is a registered charity that partners with schools and community to support nutrition programs for children and youth called Kids Eat Smart Clubs. The Foundation is supported by the Government of Newfoundland and Labrador, Bell Aliant, national partner Breakfast for Learning, as well as other corporate and individual donors.

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